

Prayer

Prayer is the way in which we communicate with and connect to God, our Father. God is love and experiencing the love of God and being transformed by it is what prayer is truly all about.

Discussion Questions:

- 1. Why do you think prayer is challenging for many people, despite its significance in the Christian faith? Share a time when you found prayer particularly difficult or uncomfortable. What made it challenging, and how did you overcome it?
- 2. Why do you think Jesus taught his disciples the Lord's Prayer as a model? What aspects of this prayer resonate with you personally?
- 3. How does the concept of addressing God as "Father" change your perspective on prayer? In what ways does this make prayer more personal for you?
- 4. Reflect on a time when you felt God responded to your prayers. What was your reaction, and how did it impact your faith journey?
- 5. What are some practical steps we can take to overcome obstacles like distraction, doubt, or busyness in our prayer lives?
- 6. Discuss your experiences of praying with others in the moment, like Peter and John did with the crippled man. How does praying together affect your faith and relationship with God?
- 7. Practical Applications: Which of the suggested prayer practices (personal prayer, praying in the moment, etc.) resonate most with you? How can you incorporate these practices into your daily life?