



## Praise:Worthy

**Hallel** - "Root word for Hallelujah; to praise, to shine, to boast, to dance (undignified)"  
*Psalm 113:1-3, Psalm 150:1, Psalm 149:3*

**Yadah** - a verb with a root meaning "the extended hand, to throw out the hand, therefore to worship with extended hand, to lift the hands."  
*2 Chronicles 20:21, Psalm 63:1, Psalm 107:15*

**Towdah** - Literally means "an extension of the hand in adoration, avowal, or acceptance."  
*Psalm 50:14,*

**Shabach** - "to shout, to address in a loud tone, to command, to triumph."  
*Psalm 47:1, Psalm 145:4, Isaiah 12:6, Psalm 63:3*

**Barak** - "to kneel down, to bless God as an act of adoration, to salute."  
*Psalm 95:6, 1 Chronicles 29:20, Psalm 34:1*

**Zamar** - "to pluck the strings of an instrument, to sing, to praise; a musical word which is largely involved with joyful expressions of music with musical instruments."  
*Psalm 21:13, 1 Chronicles 16:9, Psalm 57:8-9*

**Tehillah** - "the singing of halals, to sing or to laud; perceived to involve music, especially singing; hymns of the Spirit or praise."  
*Psalm 22:3, Isaiah 61:3*

## Discussion Questions:

1. How do you define "praise"?
2. Which of the Words for Praise do you most naturally relate to?
3. Which of the Words for Praise are you most challenged by?
4. What is one new way that you can praise God this week?
5. Read Psalm 98. Does this Psalm reflect the attitude of your heart when it comes to worship? What happens when we don't "feel" like praising the Lord?