



reNEWed

Week 6: A New Perspective

The difficulties and challenges of life can lead us to become bitter and entitled. But there's one thing we can do to change our perspective. Give thanks. Gratitude keeps us aware of the goodness of God even when our circumstances are anything but good. It's not an emotion. It's a discipline. And as we learn to give thanks in everything, it will become a disposition. We move from giving thanks to living thankful lives.

Discussion Questions:

1. What's the best gift you've ever received from another person? What made it so special? How did you show gratitude?
2. Read 1 Thessalonians 5:16-18. Why is it important to give thanks in everything? Can you think of a difficult circumstance where gratitude changed your perspective? Describe.
3. Read Luke 17:11-19. Are you more like the nine lepers who didn't return to show their gratitude, or more like the one who did? Why do you think we aren't as grateful as we should be?
4. Shawn said, "Entitlement is the enemy of gratitude?" How does entitlement show up in our lives as Americans? Do you recognize entitlement in your own life? What are some negative consequences of living with entitlement?
5. What are some ways we can cultivate gratitude in our daily lives?
6. What is one thing you're grateful for in this season of life and why?
7. This week's challenge is to end your day by writing down one or two things you were thankful for that particular day. Do this every day this week and come back next week ready to discuss how it went.