



# reNEWed

## Week 8: A New Place

Spiritual practices were never meant to earn anything for us. They're a means of building a relationship with God who loves us, smiles on us, and is glad to be with us. *Shalom* (peace) is the outcome. *Joy* is the fuel. We come to this new place of shalom in relationship with God and His people.

### Discussion Questions:

1. When you arrive to wherever you will discuss these questions with others, show the other participants how glad you are to be with them with a big smile on your face, then tell them, "It's really good to be with you!"
2. Describe a time in your life, even if it was just a moment when you felt like life was really good. If you have never experienced such a time, describe what such an experience would be for you.
3. How does a truly warm and caring greeting make you feel physically and emotionally (For example: physically, people often feel a smile come to their face when someone smiles at them)? What impact does such a greeting have on the rest of your time together (i.e. you may become more receptive, more engaged and open, etc.)?
4. Read Matthew 28:18-20. How does reading "as you go" enhance how you will live the lifestyle Jesus described in the passage?
5. Think back on the reNEWed series. What stood out to you the most and what are you putting into practice? How can others help you engage these practices?
6. This week's challenge is to begin your day with 5 minutes thinking about a time(s) you knew God and/or others were with you and happy about it. Try to just remember the experience without using words. Be ready next week to discuss how it went.