

# Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



## MEMORY VERSE

God's power has given us everything we need to lead a godly life.  
2 Peter 1:3a, NIV

## Talk About the Bible Story

Open the Bible together and read Proverbs 25:16 or watch the video together on the Parent Cue app.

## Engagement Questions

- What are some things that are harder to show self-control with?
- Why is it hard to **know when to stop** sometimes?
- What can you do when you are having a hard time showing self-control?

## Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



## Prayer

“God, we are so thankful for all of the amazing things You give us to enjoy. Help us this week in the areas where we could have more self-control. Help us to trust You, and to know when to stop before it’s too much. We love You, and we pray these things in Jesus’ name. Amen.”