



Week 7: The Power of Confession and Repentance

In Genesis 43 and 44, we see the transformative journey of Joseph's brothers from guilt and regret to confession and repentance, which ultimately leads to reconciliation with God and with others. The Christian life is one of embracing vulnerability and authenticity where confession becomes the pathway to healing, relational intimacy, and spiritual growth, ultimately pointing to Jesus as our true healer and redeemer.

Discussion Questions:

1. **Read Genesis 43:15-18.** Why do you think the brothers were so fearful when they were brought to Joseph's house? How does this reflect their unresolved guilt? How does Joseph's treatment of his brothers show both grace and truth throughout the story?
2. In **Genesis 44:30-34**, Judah offers himself as a substitute for Benjamin. What does this reveal about how Judah has changed over the years?
3. What is the difference between regret and repentance? How have you experienced these in your own life? What has helped you move from regret to true repentance?
4. Do you feel there are areas in your life where unconfessed sin might be holding you back? What steps can you take to bring those things into the light?
5. **Read James 5:16.** How does this verse challenge you? What could it look like to create a culture of confession in our group where we can be vulnerable and authentic?
6. What specific step of confession and repentance is God calling you to take this week?
7. Spend time praying for courage to embrace confession and repentance, for healing in relationships, and for freedom from guilt and shame.