

# Rain or Shine: Trusting God in every season

Resilience is getting back up when something gets you down.



## MEMORY VERSE

Be strong, all you who put  
your hope in the LORD.  
Never give up.  
Psalm 31:24, NIV

## Talk About the Bible Story

Open the Bible together and read Matthew 6:25-34 or watch the video together on the Parent Cue app.

## Engagement Questions

- What do you worry about?
- When do you feel worried the most?
- What helps you remember: **when you're worried, trust God?**

## Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code  
to get started



## Prayer

“Dear God, thank You for loving and caring for me. Sometimes I have worries that feel really big. Even though I can't control the rainy days, I can control how I respond to them. God, help me to trust You when I'm worried. Help me to identify people I trust to talk to them about it too. I love You, and pray these things in Jesus' name. Amen.”