

Bedrock - Building confidence in God block by block

DAY 1

Read 1 Kings 18:21 NlrV

"Elijah went there and stood in front of the people. He said, 'How long will it take you to make up your minds? If the LORD is the one and only God, worship him. But if Baal is the one and only God, worship him.' The people didn't say anything."

The people of Israel had fallen away from following the one true God. They started following fake gods like Baal. But Elijah trusted God and stood strong, even though he was outnumbered. He told King Ahab to bring 450 prophets of Baal to Mount Carmel for a challenge!

Even when others around you don't follow God, you can still choose to trust Him. You can be confident, knowing you don't stand alone; God is with you!

Circle the icons below of what you need in a big situation. The last one is empty if you want to draw another icon for yourself and describe what it is you would need!



Prayer



God's Word



Courage



Trust



DAY 2

Read 1 Kings 18:33–34 NlrV

"He arranged the wood for the fire. He cut the bull into pieces. He placed the pieces on the wood. Then he said to some of the people, 'Fill four large jars with water. Pour it on the offering and the wood.' So they did. 'Do it again,' he said. So they did it again. 'Do it a third time,' he ordered. And they did it the third time."

Elijah gave the prophets of Baal a big head start. They prayed to their fake god all morning for fire to come down on their altar. But nothing happened. Then Elijah built an altar with wood and did something wild. He dumped jars and jars of water all over it. Why? To show that God can do anything! Elijah trusted God fully and what to show everyone clearly what God can do.

Sometimes, we try to fix things ourselves. But trusting God means giving Him our hardest moments, even the ones that feel too big.

Share with a grown-up something that feels impossible for you right now. And then even ask them what feels impossible. Share stories, then pray together and ask God to do the impossible, because He still can!



DAY 3

Read 1 Kings 18:38–39 NlrV

The fire of the Lord came down. It burned up the sacrifice. It burned up the wood and the stones and the soil. It even dried up the water in the ditch.

All the people saw it. Then they fell down flat with their faces toward the ground. They cried out, “The Lord is the one and only God! The Lord is the one and only God!”

Elijah prayed. He didn’t jump or shout or dance. He simply asked God to show the people that He was the real God.

And BOOM! God answered. Fire came down and burned up everything, even the stones and water! That’s impossible for anyone but God.

God may not send fire today, but He still shows up for us every day. He helps us do big things, like forgiving someone, telling the truth, or being kind when it’s hard.

When we trust God and pray, God gives us strength, peace, and help, even when things feel way too big for us. That’s what confidence in God looks like. You can always call on God. God listens, cares, and never leaves you alone, no matter what you’re going through.

DAY 4

Read Luke 18:27 NlrV

“Jesus replied, ‘Things that are impossible with people are possible with God.’”

Elijah saw fire fall from heaven. Then came rain after years of no rain. That might feel like a superhero story, but it was real!

Here’s the truth: God hasn’t changed. Sometimes the things that happen to us or people we care about make us feel like God isn’t very powerful or strong. It may even seem like He doesn’t care. But God is bigger than anything, and He’s always at work. Not just with stopping a storm or bringing down fire from heaven, but even in our everyday lives. God can give you peace during a scary moment or strength when you want to give up. He can even help you when you’re nervous about a test or sad about something at home.

God might not always fix everything the way we expect, but He always listens and stays close. He gives us exactly what we need, even if it’s just a little more courage to keep going.

“Dear God, You are big and powerful! Thank You for helping me with things that feel too hard. Remind me that You are always with me, and nothing is too big for You. Help me trust You no matter what. In Jesus’ name, Amen.”



God can do
the impossible.