

Session 1:



Love is Why We Pray

Introduction and B – Begin with Prayer

The Lord said to Abram: Go from your land, your relatives, and your father's house to the land that I will show you. I will make you into a great nation, I will bless you, I will make your name great, and you will be a blessing. I will bless those who bless you, I will curse anyone who treats you with contempt, and all the peoples on earth will be blessed through you.

-Genesis 12:1-3 (CSB)

You can't bless others without first being rooted in God.

Key Scripture: Genesis 12:1-3; Galatians 3:7-9; Luke 6:12-16

Overview

The B.L.E.S.S. model begins where every good thing begins: with God. The entire framework in the Abrahamic promise of Genesis 12:2-3 — we are blessed to be a blessing. Before we can genuinely love our neighbors, coworkers, or friends, we need to ask God who He is calling us to bless, and how. This session introduces the series and invites each group member to write down 3-5 people they'll commit to pray for and intentionally bless throughout the study and beyond.

Ice Breaker

Tell the group about a neighbor, coworker, or friend you've always meant to connect with more but haven't. What's their name, and what do you know about them so far?

PRAYER PROMPT

OPENING: Ask God to open your eyes to the people He has placed in your daily path and to give your group a genuine desire to be a blessing, not just a recipient of blessing.

Scripture Review

Read the key passage together, then work through these questions:

1. In Genesis 12:2-3, God tells Abram he will be blessed — but what is the stated purpose of that blessing? How might that reframe the way we typically think about receiving God's favor?
2. Jesus is often found praying in Scripture. In Luke 6:12 it is no different. What is the value in following Jesus' example to pray before stepping into ministry?



Go Deeper

1. What would change about how you go through an ordinary day — commute, errands, work, neighborhood — if you genuinely believed God had “sent” you there on purpose?
2. The suggestion: Ask God, “How do you want me to bless the people in the places you’ve sent me?” What feels exciting or uncomfortable about praying that prayer consistently?



Notes / Group Reflections

THIS WEEK'S B.L.E.S.S. CHALLENGE

Ask God to give you 3–5 people you want to commit to blessing during this series and beyond. Write them down. Put the list somewhere visible like your Bible, phone, or mirror. Pray for them daily, for their relationships, their work, their health, and their spiritual life.

Who will I B.L.E.S.S. this week? _____



PRAYER PROMPT

CLOSING: Ask God to give each person in your group the gift of genuine curiosity and care for the people around them. Pray specifically for patience to listen more than you speak in the week ahead.

The table is one of the most powerful tools of the Kingdom.

Luke 15:1-2; Luke 19:1-10