

Session 6:

LOVE IS WHY

Love is Why We Live It Out

B.L.E.S.S. — A Lifestyle, Not a List

I will make you into a great nation, I will bless you, I will make your name great, and you will be a blessing. I will bless those who bless you, I will curse anyone who treats you with contempt, and all the peoples on earth will be blessed through you.

-Genesis 12:1-3 (CSB)

What happens when an entire community decides to be a blessing?

Key Scripture: Genesis 12:2–3; Acts 17:6

Overview

This final session brings the whole series together. The B.L.E.S.S. model was never meant to be a program to complete — it's a practice to embody. Envision communities of believers who practice these five habits so consistently that they reshape the culture of entire neighborhoods. This session is a celebration: share what God has done, tell stories from the past six weeks, and make a real commitment to carry these practices forward.

Ice Breaker

Go around the group: share one moment from the past six weeks — a conversation, a connection, a small act — that surprised you or stayed with you. What happened?

PRAYER PROMPT

OPENING: Thank God for the six weeks your group has spent together, for the people He placed on your B.L.E.S.S. lists, and for every small step taken. Ask Him to seal what He's been building in each person and in the group as a whole.

Scripture Review

Read the key passage together, then work through these questions:

1. In Genesis 12:2–3, God's blessing of Abraham was never just personal — it was always meant to flow outward to "all the families of the earth." Looking back over this series, how has that vision come alive for you in a new way?
2. In Acts 17:6, Paul and his companions are accused of having "turned the world upside down." They did it through relationships, not programs. What does that tell us about the kind of impact that is possible when ordinary believers consistently live as a blessing to those around them?

Go Deeper

1. Which of the five B.L.E.S.S. practices felt most natural to you? Which was the hardest stretch, and what did you learn about yourself through that difficulty?
2. How have your eyes changed over these six weeks? Do you see the people in your neighborhood, workplace, or daily routines differently than you did at the start? What shifted?
3. What would it look like for your group — not just as individuals, but together — to keep asking “Who did I B.L.E.S.S. this week?” as an ongoing rhythm? What would need to stay in place to make that real?



Notes / Group Reflections

THIS WEEK'S B.L.E.S.S. CHALLENGE

Don't stop. Keep your B.L.E.S.S. list. Add new names. Pick one practice to be especially intentional about in the next 30 days. And commit to bringing a story, even a small one, to share the next time you meet in a small group setting.

Who will I B.L.E.S.S. this week? _____



PRAYER PROMPT

CLOSING: Spend extended time praying together over your B.L.E.S.S. lists by name. Pray for your neighborhood and community. Close by asking God to make your group, and your whole church known as people who bless everyone around them.